



It starts with Scouts.

Camp Opemikon Summer 2015

COME CAMP WITH US!!

Summer 2015 Programs at a Glance

JUNIOR PROGRAMS are for girls and boys ages 7 to 10. They are known as CUB FIELD programs. Activities include day hikes to satellite sites within the camp property; a swimming trip to the Amazon which is a natural low waterfall area, and sessions in archery, crafts, nature, swimming and paddling. Older youth will experience an overnight camping trip to one of our satellite campsites.

INTERMEDIATE PROGRAMS are for youth ages 11 to 15. They are known as SCOUT field programs. The introductory program is Brownsea. Campers experience an overnight canoe trip and learn basic pioneering skills. Upon completion of this program, campers may branch into two areas: backpacking or land-based camping known as Campcraft and Survival; or canoeing or kayaking in the water-based program of Paddling & Kayaking.

SENIOR ADVENTURES are geared for the experienced camper or canoeist with a desire to engage in developing personal outdoor skills to a higher level. These programs are for youth 13 to 16 years old. There are three programs being offered, Rocks Camp, OSL (Outdoor Skills and Leadership) and Seneca, our 10 day canoe trip returns for 2015! Note the OSL program is a pre-requisite for Counselor In Training applicants.

COUNSELOR IN TRAINING is geared towards those wishing to gain the skills necessary for a career path working with youth. This is the final stage for 15 and 16 year olds wishing to be future counselors. Applicants must complete the OSL program prior to entering the CIT program. OSL highlights the "outdoor skills" component of being a counselor. The CIT program focuses on the "soft skills" such as dealing with campers experiencing homesickness or bullying, communication skills, different learning styles and team building.

Camp Opemikon offers awesome outdoor fun for boys and girls, ages 7 to 16! Our residential programs range from introductory camps for first time overnight campers to specialized camps in backpacking, paddling and wilderness canoe trips. Swimming, paddleboats, archery, hiking, crafts, pioneering, rock climbing, ropes courses, campfires are all here at Camp Opemikon! EVERYONE is welcomed at OPE, both registered Scouting members and non-members looking for a great summer adventure!

Opemikon at a Glance

Since 1938, Camp Opemikon has served the camping needs of more than half a million youth and adults. Program delivery and camp operations require strict adherence to standards and guidelines in areas concerning health, safety, facilities, equipment, and staff as well as programs, wilderness travel, transportation and administration. We are located on Christie Lake, 100 km southwest of Ottawa. With over 200 acres of fields and woodlands nestled among three lakes, Camp Opemikon is the perfect setting away from crowded cities. The renovated kitchen and dining hall provide campers with tasty nutritious meals in a pleasant atmosphere. Our Health Centre is operated under the supervision of qualified health care providers.

Adventures for 2015—An Overview

The programs at Camp Opemikon are **progressive** in nature. Campers learn skills at the basic level and then move to intermediate and advanced programs. Ages listed with each program are intended to guide the parent in selecting an **age-appropriate** program. This enables the camper to learn and master the skills for their selected program, resulting in a positive camping experience. Programs are offered in four age groupings: Junior, Intermediate, Senior and Counselor Training. Camp-wide activities add to the festive nature of the camp environment; there are evening electives such as the swamp walk, beach volleyball, wide games, Theme Day for juniors, regatta for intermediates, and a full camp-wide Friday evening banquet and campfire round out the campers' week.

Registration and Contact Information on Page 7!

Notice: For 2015, Camp runs from Saturday afternoon to following Saturday morning. Exceptions are Seneca, CIT and OSL which will run continuously for the 2 week period.

CUBFIELD: Co-Ed

Ages 7 to 10

JUNIOR PROGRAMS

Come explore the wonderful world of camping! Campers are housed in rustic cabins that hold 6 on three sets of bunk beds. Shelves known as "cubbies" are provided for storage of gear and clothing. Cabins do not have electricity but provide comfortable indoor sleeping quarters. This is a great step before moving to tents. As they progress through the various programs, campers experience exploration within the main camp, then move to day hikes to boundary sites such as Eagle's Cliff, and finally to an overnight trip to O'Briens Lake or Farrens Lake. Activities include archery, crafts, swimming lessons, canoeing, outdoor games, nature rambles, Theme Day fun and evening campfires.

Length: Partial Week
Max Campers: 24
Fee: \$330 + HST
Periods Running:
 4a - July 18 to July 22
 4b - July 22 to July 25

1. White Tail: Ages 7 to 8 *NEW for 2015

White Tail is geared towards third year White Tail Beavers swimming up to Cub Pack in the Fall and first time overnight summer campers. The program offers a partial week taste of the Scouting Experience. Some goals for campers is how to take care of their belongings while away from home, experiencing the outdoors and activities like swimming, campfires, hiking, crafts and games.

Special Gear Required: Day Pack (School Backpack Size)

Length: 1 week
Max Campers: 24
Fee: \$515 + HST
Periods Running:
 3 - July 11 to July 18

2. Gold Pack: Ages 7 to 8

Gold Pack is geared towards first time residential campers. The program is an opportunity for their first week long camp and to get a taste of the Scouting Experience. Campers learn the details and routines of camp life. Through demonstrations and hands-on learning, campers learn various techniques and tricks that add to one's comfort level at a residential camp. Nature rambles, Cub crafts, campfires, games, land and water sports are just some of the exciting and challenging activities. A camp-out is part of the week's adventures.

Special Gear Required: Day Pack (School Backpack Size)

Length: 1 Week
Overnight Trip: 1 Night
Max Campers: 24
Fee: \$515 + HST
Periods Running:
 1 - June 27 to July 4
 2 - July 4 to July 11

3. Red Pack: Ages 8 to 9

Campers in our Red Pack program will enjoy more challenging activities and games like day hikes to satellite sites on O'Briens or Farrens Lakes. These campers will start to experience more of camp life and the outdoor Scouting Experience. Activities also include archery, paddling, outdoor cooking and Theme Day. An overnight backpacking trip is another highlight to the week.

**Special Gear Required: Day Pack (School Backpack Size)
 Backpack for Overnight Trip**



Length: 1 Week
Overnight Trip: 1 Night
Max Campers: 24
Fee: \$515+ HST
Periods Running:
 2 - July 4 to July 11
 3 - July 11 to July 18

4. Black Pack: Ages 9 to 10

Black Pack is for youth who have more experience camping on weekends or for an entire week. Campers enjoy the fun of Theme Days and the test of Camp Opemikon's low ropes course. Survive the elective swamp walk! Trips to the "Amazon" and an overnight backpacking trip are a few highlights that fill the campers' week.

**Special Gear Required: Day Pack (School Backpack Size),
 Backpack for Overnight Trip**



Great Fun and Great Memories!!

5. Total Pack: Ages 8 to 10

Length: 1 Week
Overnight Trip: 1 Night
Max Campers: 24
Fee: \$515 + HST
Periods Running:
 1 - June 27 to July 4
 4 - July 18 to July 25

This program includes campers that range in age from 8 to 10 years, all participating in the same activities together. This one week program includes thrilling experiences in both individual and group activities. Swimming, boating, archery, nature study, crafts, night games, hiking and an overnight trip means that there is always something for everyone.

**Special Gear Required: Day Pack (School Backpack Size),
 Backpack for Overnight Trip**

INTERMEDIATE PROGRAMS

SCOUTFIELD: Co-Ed Ages 11 to 15

*Scout Field activities are geared towards girls and boys ages 11 to 15. There are six programs being offered this summer. **Brownsea** is the introductory program for this age group and teaches basic skills such as setting up a tent, safe use of knives, stoves, and lanterns. Campers who complete the program or have equivalent basic camping skills then proceed to other specialized areas. **Campcraft** concentrates on land-based camping, backpacking and hiking skills. **Survival Camp** also focuses on land-based skills but with a wilderness component. The **Paddling** programs introduce water-based skills and canoe tripping camps. Paddling I is for the new canoeist while Paddling II provides for more challenging skills and longer out-trip. The **Kayaking** program is also water-based in its skill set but with the kayak as the craft of choice.*

1. Brownsea: Ages 11 to 12

Campers are provided with the building blocks to enjoy camping through hands-on activities. They learn basic skills for camping, hiking and canoeing. Ropes courses, a regatta and special full-camp evening activities fill out the week. The highlight is a 2 night overnight canoe trip to neighbouring lakes.

**Special Gear Required: Day Pack (School Backpack Size),
 Backpack for Overnight Trip**



Length: 1 Week
Pre-requisites: No
Overnight Trip: 2 Nights
Max Campers: 25
Fee: \$515+ HST
Periods Running:
 1 - June 27 to July 4
 2 - July 4 to July 11
 3 - July 11 to July 18
 4 - July 18 to July 25
 5 - July 25 to August 1
 6 - August 1 to August 8

2. Campcraft: Ages 12 to 13

The campers' week will include opportunities to develop light-weight camping skills, hiking with trail side cooking and pioneering! The program is built around the land-based badges in the Scouts Canada Troop program and includes activities such as: lashing and rope crafts (commando bridges and catapults), camp gadgets and safe exploration on hiking trails. Highlight of the week is a three-day overnight trip to a nearby location. Proper hiking backpack and boots are required for this program.

**Special Gear Required: Day Pack (School Backpack Size),
 Backpack for Overnight Trip, Hiking Boots**

Length: 1 Week
Pre-requisites: No
Overnight Trip: 2 Nights
Max Campers: 18
Fee: \$515+ HST
Periods Running:
 1 - June 27 to July 4
 2 - July 4 to July 11
 3 - July 11 to July 18
 4 - July 18 to July 25

More Intermediate programs on the next page...Survival, Paddling and Kayaking follow.

INTERMEDIATE PROGRAMS

SCOUTFIELD: Co-Ed
Ages 11 to 15

3. Survival Camp: Ages 13 to 15

Length: 1 Week
Pre-requisites: No
Overnight Trip: 6 Nights
Max Campers: 18
Fee: \$515 + HST
Periods Running:
 5 - July 25 to August 1
 6 - August 1 to August 8



Survival Camp is a perfect step-up from the Campcraft program. Campers will experience a more challenging wilderness program by tenting away from the main camp area. Completion of pioneering, watercraft and team building challenges will provide rewards to teams and individuals.

Special Gear Required:
Day Pack (School Backpack Size)

Length: 1 Week
Pre-requisites: No
Overnight Trip: 2 Nights
Max Campers: 18
Fee: \$515 + HST

Periods Running:
 1 - June 27 to July 4
 2 - July 4 to July 11
 3 - July 11 to July 18
 4 - July 18 to July 25

4. Paddling I: Ages 12 to 13

This Level I program teaches operational knowledge of canoes. Campers are introduced to water safety rules, flat-water control skills and practical day tripping techniques. Basic on-the-water and camping skills are required for this program. The week's highlight is multi night out-trip.

Special Gear Required:
Waterproof Day Pack (School Backpack Size),
Waterproof Backpack for Overnight Trip



Length: 1 Week
Pre-requisites: No
Overnight Trip: 2 Nights
Max Campers: 10
Fee: \$515 + HST

Periods Running:
 1 - June 27 to July 4
 2 - July 4 to July 11
 3 - July 11 to July 18
 4 - July 18 to July 25

5. Kayaking: Ages 12 to 13

This introductory program teaches operational knowledge of kayaks. Like the paddling program, this also covers water safety rules, flat-water control skills and practical day tripping techniques with the kayak as the watercraft. Basic on-the-water and camping skills are required for this program. The week's highlight is a multi night out-trip. Waterproof backpacks are required for this program.

Special Gear Required: Waterproof Day Pack (School Backpack Size),
Waterproof Backpack for Overnight Trip

Amazing adventures and pure summer fun!!

INTERMEDIATE PROGRAMS

SCOUTFIELD: Co-Ed

Ages 11 to 15

6. Paddling II: Ages 13 to 15

This water-based program has been designed to develop advanced canoeing skills.

Paddling I or the Scout Paddling badge (or equivalent) is a recommended pre-requisite. Activities are based on the Water Tripping badge. The feature of the week is a high adventure, 3 night/4 day, overnight canoe trip.

Special Gear Required:

Waterproof Day Pack (School Backpack Size),

Waterproof Backpack for Overnight Trip



Length: 1 Week

Pre-requisites: Paddling I or the Scout Paddling badge or equivalent

Overnight Trip: 3 Nights

Max Campers: 18

Fee: \$515 + HST

Periods Running:

5 - July 25 to August 1

6 - August 1 to August 8

SENIOR ADVENTURES

Co-Ed Ages 13 to 16

These programs are for the experienced camper or canoeist. Land based trips focus on rock climbing near Kingston or backpacking in the wilderness of one of our beautiful Provincial Parks. Camper ages are strictly adhered to in these programs and may only be altered upon review by the Summer Program Director and approval by the Camp Director.

1. Rocks Camp: Ages 13 to 15



Are you up for the challenge? Campers spend the first part of the week at Camp Opemikon's own McManus Rock fine tuning skills before heading off-site for a multi-night camp near Kingston. Prior experience in rock climbing is preferred but not mandatory.

**Special Gear Required: Day Pack (School Backpack Size),
Backpack for Overnight Trip**

Length: 1 Week

Pre-requisites: Some Rock Climbing experience recommended

Overnight Trip: 2 Nights

Max Campers: 12

Fee: \$540 + HST

Periods Running:

2 - July 4 to July 11

3 - July 11 to July 18

4 - July 18 to July 25

2. OSL: Ages 14 to 15

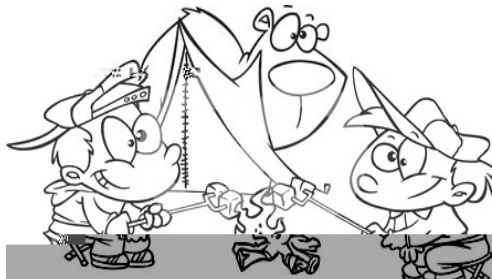
OSL is a challenging **two-week** leadership development program that concentrates on refining outdoor skills. One week focuses on land based skills such as backpacking and light weight camping with a three day hiking trip. Second week shifts to water based skills and includes a four day canoe trip. The two weeks are tied together with an overnight survival camp-out. This is a pre-requisite for those intending to register for the CIT program in the future.

Special Gear Required:

Day Pack (School Backpack Size),

Waterproof Backpack for Overnight Trip,

Hiking Boots



Length: 2 Weeks

Pre-requisites: 14 years old +

Overnight Trip: 2 Nights and 3 Nights

Max Campers: 12

Fee: \$665 + HST

Periods Running:

1-2 - June 27 to July 11

3-4 - July 11 to July 25

5-6 - July 25 to August 8



Due to its specialized nature, this program runs continuously for 2 weeks. There is no break between periods

SENIOR ADVENTURES

Co-Ed Ages 13 to 16

*These programs are for the experienced camper or canoeist. Land based trips focus on rock climbing near Kingston or backpacking in the wilderness of one of our beautiful Provincial Parks. **Camper ages are strictly adhered to in these programs and may only be altered upon review by the Summer Program Director and approval by the Council Program Manager.***

3. Seneca: Ages 14 to 16

Are you up for the challenge of a **ten day canoe trip**? Want to travel like a Voyageur? Come test your paddling and portaging skills as you explore the lakes and woods of Ontario's own Algonquin Park. **EXPERIENCED** paddlers only, as this trip will include 16km to 20km of paddling and portaging each day. Not for the faint of heart! Candidates must be in good physical shape and enjoy being outdoors regardless of the weather!

Special Gear Required: Waterproof Day Pack (School Backpack Size), Waterproof Backpack for Overnight Trip

Length: 2 Weeks

Pre-requisites: Paddling - II or the Scout Water Tripping badge or Equivalent

Overnight Trip: 9 Nights

Max Campers: 7

Fee: \$1050 + HST

Periods Running:

5-6 July 25 to August 8



Due to its specialized nature, this program runs continuously for 2 weeks. There is no break between periods

COUNSELOR IN TRAINING

Co-Ed Ages 15 to 16

This two-week program is geared towards youth wishing to become camp counselors. The first week is spent in sessions where specific topics are covered to assist in development of leadership, teamwork and mentoring skills. The second week consists of placement in a program or support area where the camper is able to apply the recently acquired knowledge. Completion of the "placement" week qualifies for 30 hours of community service for Ontario-High school requirements. This program also satisfies completion of the "Residential Project" component within the Duke of Edinburgh Award.

Length: 2 Weeks

Pre-requisites: 15 Years old + OSL

Overnight Trip: 1 Night, 0-3 Nights as per placement

Max Campers: 12

Fee: \$580 + HST

Periods Running:

1-2 - June 27 to July 11

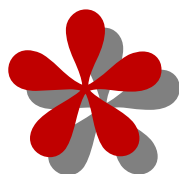
2-3 - July 4 to July 18

3-4 - July 11 to July 25

4-5 - July 18 to August 1

Counselor in Training (CIT): Ages 15 to 16

This two week program provides training to youth interested in obtaining Camp Counselor positions in future years or in enhancing their leadership skills. Activities concentrate on development of teambuilding skills, proper methods of discipline, conflict resolution and personal goal setting. This exciting program includes one week of intensive leadership and counselor training; followed by a second week of placement in an appropriate program or service area. Feedback and a full evaluation will be provided to each participant.



Due to its specialized nature, this program runs continuously for 2 weeks. There is no break between periods

How to Register

* All Forms Available at www.opemikon.ca - click on the "Summer Camp" banner and select "How to Register" *

NEW ONLINE REGISTRATION AND PAYMENT IS AVAILABLE!

Visit us at opemikon.campbrainregistration.com

2. You may also complete the **Camp Opemikon 2015 Registration Form**, as well as the "**Scouts Canada Program Participant Enrolment Form**" (In the section "Scout Group Name and Role", insert the Program name and period. Example: "Brownsea, 6".) and send your Registrations to:

**Voyageur Council Office, Scouts Canada, Suite 200, 1345 Baseline Road,
Ottawa, ON K2C 0A7**

FAX: 613-225-2802

Email: campopemikon@scouts.ca

3. Fees are listed in the OPE Brochure and online. **Non Scouting Members** are welcome to experience residential camping at Camp Opemikon. An **additional \$50.00** is to be added to the camping fee to cover insurance costs.
4. All campers taking the Camp bus will be charged a **\$25 fee** to cover transportation costs. (half price will apply if only using one way).
5. Note the **Early Bird** rate, a **\$25 savings** is in effect if payment is made by 30 April, 2015.
6. Limited funds are available to assist youth whose families are facing financial difficulties. Please contact your child's Section Leader for more details or contact Theresa, campopemikon@scouts.ca. **Forms Available Online.**

Contact Us

Scouts Canada - Scouting Service Centre – Ottawa

Address: Suite 200 - 1345 Baseline Road
Ottawa, ON K2C 0A7
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Camp Opemikon

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