Management and Administration

OCA Guideline	Scouts Canada BP & P	Opemikon Policy
Have all staff completed required Occupational Health and Safety Awareness training through a qualified trainer or individual or online video?		Staff have all been trained in Occupational Health and Safety.
Does the camp keep records and can prove their staff has been given such training?		The camp has a record of all staff who have taken the training, which is kept on file by the senior staff.
Does the camp keep adequate records of all work accidents, health and safety complaints, and health hazards?	Section 13011 - Incident Reports All Scouting members are required to immediately report any incident that might lead to a claim against the Corporation and its insurance policies by completing Form 91-112 - see Section 20000 for the prescribed form and information regarding its use	All incidents are recorded in a timely manner. A copy of the incident report is kept on file, and a copy is sent to our Council office.
Does the camp participate in the development and implementation of programs to prevent hazards in the workplace?		Prevention of hazards is looked at regularly and new programs are developed when needed (for example, the installation of additional PPE stations around camp, and the implementation of new emergency procedures designed to keep staff safer).
Does the camp post the health and safety act, and its health and safety policy and manuals in easy view for all staff to see?		Staff are made aware of where these documents can be found around camp (they can be found in our staff lounge/office, which all staff members have access to)
If required, does the camp have a health and safety		Key members of the Opemikon team help to

representative or health and safety committee?		oversee health and safety at camp.
Does the camp have appropriate insurance?	Section 13000.2- Risk Management Process Councils and Groups must purchase insurance to cover all property, equipment, etc. owned by them. This can be arranged through a local insurance broker. It is not necessary for Councils to purchase third party liability insurance as this has been arranged nationally.	As per Scouts Canada policy, Camp Opemikon posesses all the necessary insurance.
Are the camp's health professionals adequately insured for liability and malpractice?		They are insured appropriately.
Does the camp carry appropriate Fire Insurance?	Section 13000.2- Risk Management Process Councils and Groups must purchase insurance to cover all property, equipment, etc. owned by them. This can be arranged through a local insurance broker. It is not necessary for Councils to purchase third party liability insurance as this has been arranged nationally.	Yes, as per Scouts Canada policy.
Is an annual review made of the insurance coverage?		Yes
Does the camp management possess the range of experience and knowledge to operate their camp successfully and to ensure a safe and professional camps environment?		Yes, camp management are able to operate the camp successfully.
Does the camp director have		Yes, this is a huge benefit of

adequate training and/or experience corresponding to the size and scope of the camp?		a full-time Camp Director who works year round.
Does the camp director abide by the "Code of Professional Ethics"?		Absolutely.
Does the camp have written policies and rules, which promote safety for all campers and staff?		These can be found in our staff manual, and are updated annually before summer camp.
Does the camp have a written emergency procedure for severe weather?		Yes, it can be found in the camp's emergency procedures.
Does the camp have a written crisis response plan?		Yes, this is covered by the camp's emergency procedures.
Does the camp have a written alcohol, tobacco, and drug policy?		Yes, it is clearly outlined in our summer staff manual.
Does the camp have written policies with respect to workplace violence and workplace harassment as required under Bill 168 and are these policies posted?	Section 14006 - Employee Whistleblower Policy	Yes, it can be found in our staff manual, as well as in Scouts Canada's BP & P
Does the camp have a written bullying prevention policy?		Not at this time.
Does the camp implement recommendations or orders, which are issued following regulatory inspections?		Absolutely
Are all staff trained in emergency procedures?		All Opemikon staff are trained in our emergency procedures prior to camper arrival. These are practiced one per week during the summer.

Is the camp compliant with the Accessibility for Ontarians with Disabilities Act (AODA)	All staff receive AODA training prior to the start of camp.
Are hand washing facilities available near all toilets/privies and in food preparation areas?	All food prep stations, toilets and privies are equipped with proper hand washing areas.
Are toilets/privies cleaned daily?	Yes
Do sleeping quarters, other than tents, have the minimum floor area as required?	Yes
Do sleeping quarters, other than tents, have the minimum floor area as required?	Yes
Does the drinking water system comply with the Ontario Safe Drinking Water Act?	Yes, water is tested regularly by trained individuals.
Does the campsite provide privacy from the general public and security for campers and staff?	Yes, all visitors to camp are escorted by a staff member and approved by the Camp Director. Staff are aware of all visitors on camp property.
Does the site have adequate space and equipment for conducting the activities described in the camp's promotional literature?	Yes
Does the camp have adequate sheltered program space to accommodate campers during inclement weather?	Yes, we have four sheltered program areas to accommodate campers in inclement weather (Tee Pee, Orchard Shelter, Nature Hut & Dining Hall)
Are all facilities safe for use? Are all facilities checked regularly for hazards and	Yes, safe and checked regularly.

damage?	
Does the camp have accurate site plans available on site showing the location of utilities, sanitation lines and other underground services?	??
Is the camp in compliance with the Fire Prevention and Protection Act and the Ontario Fire Code?	Yes
Are fire suppression systems located in cooking areas if required by law?	Yes
Are carbon monoxide detectors located where fuel-burning appliances are used?	Yes
Are fire emergency procedures posted in key locations?	Yes, they can be found in all buildings.
Does the camp practise or review fire drills with each new group of campers and staff?	Yes, emergency procedures are practiced weekly (each new group of campers).
Is the proper firefighting equipment for the anticipated type of fire readily available?	Yes
During the camp's period of operations, is the fire safety equipment checked monthly?	Yes
Are flammable, hazardous and toxic materials stored in properly marked containers in a secure area?	Stored in locked cabinets in areas only accessible by the appropriate staff.
Is the use of power tools and heavy equipment restricted to authorized individuals?	Our equipment is maintained and checked regularly, and can only be used and

Are all electrical equipment, fixtures and wiring maintained in good repair? All plug-in electrical equipment must be CSA or UL approved. Are power tools and heavy equipment stored in secure locations? Is all equipment checked regularly and repaired in a	accessed by staff trained in their use.
timely manner?	
Where possible, does the camp reduce, recycle, reuse and/or compost?	We have the appropriate programs in place.
Does the camp have adequate garbage receptacles to ensure the site is kept litter free?	We ensure that all staff know where their nearest garbage receptacles are and they know that they must be used. The camp is regularly swept for garbage.
Are aerosol containers, paint, propane tanks, batteries, medical waste, "sharps" and other hazardous materials disposed of in accordance with provincial regulations and municipal bylaws?	Yes
Are the trees surrounding the camp buildings and in the areas frequented by campers inspected regularly?	Yes
Does the camp have Material Safety Data Sheets for hazardous products used at camp, which fall under WHMIS?	MSDS sheets are available for all hazardous materials at camp, and staff are aware of where they can be found at all times.
Does the camp have written objectives for healthcare?	<mark>??</mark>

Is health care/supervision easily accessible to campers and staff during the camp's operating hours?	While campers are on site, there is always a nurse, paramedic or doctor on site.
Are written procedures and equipment available for all campers and staff to prevent spread of infections?	Handwashing and other infection-spreading procedures and equipment are available.
Are written procedures available for encouraging campers and staff to practise sun protective behaviour? Are written procedures available for preventing and managing allergic reactions? Are written procedures available for the management of outbreaks of communicable diseases?	The appropriate literature is available to all staff, and campers are reminded about these topics weekly by our on-site healthcare specialist. (As well as their counsellors on a daily basis)
Is one or more of the following staff on site at all times: licensed physician, registered nurse, registered practical nurse or certified first aider?	A paramedic, nurse or doctor is always on site during the summer camp period. Additionally, all staff are trained in Standard First Aid and CPR C, with documentation kept in their employee file.
Has contact been made with a local physician, medical clinic or hospital emergency department to notify them of the camp's operation and the possible need for future service?	Our two closest hospitals (Perth and Kingston) are aware of our presence, and know how to get to our site.
Is an orientation provided for new and returning healthcare staff?	Yes, healthcare staff are given an orientation of the camp, as well as its policies.
Is the health centre adequately equipped to handle the anticipated health	Yes, it is restocked and reevaluated regularly.

needs of the specific camp?	
Are medications at camp stored in a safe and secure manner and handled and monitored in a controlled manner?	Medications at camp are kept locked up in the health centre and are given out by the healthcare provider.
Is transportation available at all times in the event of an emergency?	Transportation is available at all times.
Is there a telephone or other means of communication readily available to the camp?	Multiple telephones are available at all times.
Are emergency telephone numbers posted next to each telephone? Does information posted next to each telephone include concise directions to the site?	Important numbers and directions are posted near phones, and staff are encouraged to have emergency numbers programmed into their phones in case they are off site.
Are healthcare staff familiar with the camp's Crisis Response Plan?	Yes
Is there a procedure for the early identification of health issues?	Yes
Is garbage deposited in leak-proof, durable containers equipped with tight-fitting lids?	Garbage is emptied after meals and is stored in a leak-proof, animal-proof dumpster outside.
Is the storage area for garbage maintained clean and dry?	
Is garbage removed after each meal from any room in which food is prepared, served or stored?	

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Are garbage receptacles cleaned when required and air-dried?		
Do the menus follow Canada's Food Guide?		Yes
Is at least one person in the food service area knowledgeable about safe food handling?		At least one person in the food service area is qualified with their Food Handlers' Course, and all staff are aware about safe food
Are food service personnel free from infectious diseases		handling.
that may be spread through the medium of food?		Sick staff members are never allowed in the food prep area, and kitchen staff know
Do the food service personnel wear clean outer		that they must take time off if they are sick.
garments and a clean apron for each meal and as		Food service personnel
necessary?		always wear clean outer garments and change their
Do food service personnel confine their hair effectively?		aprons regularly. Long hair is tied up or worn in a hairnet, and all staff wear hats while
Do food service personnel wash hands with soap and hot water and follow the		in the kitchen. Staff wear beard nets if necessary.
6-step procedure before		All food service staff wash
starting work, after every use of toilet or urinal and as often as necessary while cooking?		their hands regularly, and reminders of hand washing instructions are posted by the
Is smoking prohibited in the		sink.
food service area?		There is no smoking anywhere in camp, except for
Are the food service personnel aware and		the designated smoking area.
educated as to the camp's policies and procedures, and		Food service personnel, like all staff, are very aware of the
their responsibilities during camp emergencies?		camp's policies, procedures and their responsibilities
Are signs posted to remind		during camp emergencies.
staff of proper procedures for food handling, preparation		Signs related to food prep procedures can be found

and service?	throughout the kitchen.
Are the kitchen work surfaces maintained in a clean and sanitary condition?	All procedures are followed, and we have regular health inspections.
Is there adequate natural and artificial light over all work and dishwashing areas?	
Is the kitchen well ventilated?	
Is excess heat in the kitchen controlled for the health and comfort of the staff?	
Are effective measures in place to keep insects and rodents out of the kitchen?	
SAFE FOOD HANDLING HOUSEKEEPING AND CLEANING	ALL food is purchased from reputable suppliers, and kept at safe temperatures. We are regularly inspected by the health inspector and pass all safe food handling procedures.

Camp Program

OCA Guideline	Scouts Canada BP & P	Opemikon Policy
For every activity, is there at least one staff member who is experienced and knowledgeable in the activity?		All activities are run by trained staff.
Does the camp designate staff to be responsible for supervising each activity?		One staff member who is 18+ is always designated as the staff responsible for supervising an activity.
Does the camp provide		Staff go over rules with

safety rules and procedures for each activity to ensure that all equipment is handled by campers and staff in a safe manner?	campers before every activity.
Does the camp properly maintain the equipment and facilities of each activity?	All equipment is maintained.
Does the camp have written procedures to minimize risk in each activity?	Yes, and these can be found on the site of the activity.
Does all safety equipment have Canadian Standards Association approval?	<mark>??</mark>
Has the challenge course been installed using the minimum standard recommended by The Association for Challenge Course Technology (A.C.C.T.)?	Our course was installed according to standards by Challenges Unlimited Inc (henceforth referred to as "CUI")
Has the climbing wall been installed using the minimum standards recommended by the Climbing Wall Association?	Installed according to standards.
Is the challenge course designed, installed and operated to deter unauthorized access and use?	All equipment needed to access the course is kept locked when trained staff are not running the course.
Annually, prior to the camp season, has a qualified "third-party challenge course professional" completed a safety inspection of the course and provided a written report to the director?	The course is inspected by a third party every spring.
Does the camp implement the recommendations from	Before the course is used, recommendations by the

the annual inspection prior to the use of the challenge course?	inspector are implemented.
Is there an annual inspection of the ground beneath the challenge course for proper drainage, rotting of poles or trees, insect or animal damage and potential future hazards? Are all trees and poles in the challenge course inspected on an ongoing basis to determine their health? Do trained camp staff inspect the challenge course and equipment prior to each use?	The ground, poles and trees are inspected weekly in an aerial inspection. The area of trees and poles that are clearly visible from the ground, as well as the course and equipment are all inspected before every session on the course.
Have all instructors completed a training course appropriate to the site and program? Have all spotters received	All staff who are playing a role in the running of the course have received proper training, including spotters.
proper instruction in their roles?	
Does the camp have a written emergency plan for the challenge course? Are the instructional staff trained in the written	The emergency plan for the courses can be found on the course site. Staff running the course are trained in the emergency plan.
emergency plan?	
Are the numbers of instructors and spotters sufficient for the number of participants engaged in the challenge course as	We always have the correct number of spotters/instructors on site to run the course.
recommended by the installer or qualified challenge course professional?	The high elements have at least two trained staff supervising, and low elements have at least one.

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When high elements are in use, are at least two trained staff supervising? When low elements are in use, is at least one trained staff supervising?		
Stall Supervising:		
Are the safety rules posted and explained to the campers prior to their participation?		Rules and safety terminology are explained to everyone before each session.
Is safety terminology explained and used by both staff and campers?		
Does all safety equipment meet the manufacturer's and installer's recommendations?		Equipment meets all requirements, and a record is kept for each inspection
Is an ongoing, written record maintained and kept on file detailing the condition of the challenge course and the safety and belay equipment?		(which occurs each time it is used)
Are near-miss incidents recorded for future assessment of risk?		Near-misses are recorded on the sheet for the session and are used as a reference.
Is a first aid kit accessible when the challenge course is in use?		A first aid kit is kept on site, and both our high and low challenge courses are right near our health centre (less
Do the instructors have a communication method to summon assistance while the challenge course is in use?		than a minute away)
Are helmets, ropes, harnesses, carabineers and belay devices inspected on a use-by-use basis?		Equipment is kept in a locked shed when it is not used. It is never used outside of the challenge course program, and is inspected by trained
Is the challenge equipment removed and stored in a cool, dry, locked area while		individuals prior to each use.

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not in use?		
Are the high elements and climbing equipment used only for the purpose of a challenge course program?		
If campers are belaying, are there sufficient belayers for the weight of the climber when using a belay post?		The belay post uses a minimum of four campers/staff per post when it is in use.
Is a standardized system of communication used among instructors on the high elements and the staff spotting on the ground and campers dismounting the elements?		Standard communication is used and is explained prior to participants getting on the course.
Are all campers and staff equipped with helmets, harnesses, locking carabineers and a belay system when they are on high elements?		All campers and staff are outfitted with appropriate equipment prior to getting on the course.
Does the head of challenge courses have easy access to equipment for a participant rescue?		Yes, the head of the course is trained in rescue procedures and there is a rescue pack available on site.
Are portable low elements and initiatives removed and stored in a locked area when not in use? Is the equipment for portable low elements and initiatives used only for the purpose of initiative challenges?		Portable low elements are used only for the purpose of challenges, and are kept in a locked shed when they are not in use.
Is the area below a bouldering wall appropriately and sufficiently padded according to manufacturer's recommendations to prevent injury to climbers?		Yes

Are the instructors experienced in these activities (archery) and the safety precautions required for them?		Yes, staff are aware of how to safely run the archery course.
Are the safety rules posted, taught and enforced?		Staff go through the rules with campers before the session, and the board with the printed rules is kept on hand throughout the session.
Is the shooting range located away from other camp activities? Are precautions in place to prevent unwanted access to the shooting range?		The range is located far from other activities, and equipment is locked, with a gate put up when the range is not in use.
Are shooting lines clearly marked?		Yes, and staff ensure that campers know where the line is prior to the session starting.
Is all the equipment inspected for defects prior to use?		All equipment is maintained regularly and is inspected before use.
Is all equipment maintained in a safe condition?		
Is the archery equipment stored in a locked location?		Yes, it is stored in a locked shed, with the key held by a senior staff member.
Does your camp comply with Transport Canada's Regulations for operator and vessel licensing and follow all safety requirements?	10006.7 Watercraft i "Watercraft used for Scouting purposes must meet Transport Canada/Coast Guard and local Scouting regulations."	All of Transport Canada's regulations are complied with.
Is there an activity head or designate with a minimum current Bronze Cross at the activity site when the activity is in operation?		Our boating staff have at least their Bronze Cross, all should have their NLS qualification.

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Is each activity head trained, knowledgeable and skilled?		Our activity head is trained in boat safety and instruction.
Do the boating staff hold a minimum of a current Bronze Medallion or equivalent, as well as a Pleasure Craft Operator Card where required?	10006.7 Watercraft i "Watercraft used for Scouting purposes must meet Transport Canada/Coast Guard and local Scouting regulations."	Our staff hold minimum Bronze Cross, and our boating staff have their Pleasure Craft Operators Card.
For each boating activity, do the boating staff have the necessary training, knowledge and skill to teach and supervise?		Our activity staff are trained in boat safety and instruction.
Does the camp have written operational procedures for each boating program area? Does the camp have written emergency procedures for each boating program area? Camp staff at waterfront activities must be trained in and practise the emergency procedures so that they are prepared to handle an emergency effectively. Are the boating staff trained in both the operational and emergency procedures?	10006.1 Risk Management iv "Leaders develop an emergency action plan appropriate for their activities. The emergency action plan will include but may not be limited to: a) the Application For Membership And Appointment of Volunteers Form or Program Participant Enrolment Form b) Scouts Canada Parent/Guardian Consent Form (where required); c) site specific considerations; d) search and rescue protocols; e) Section 10000 7 September, 2014 location of, and contact information for, emergency medical facilities; f) first aid protocols; and g) notification protocols."	Emergency and operational procedures are kept on hand in the boat shed, and our boating staff are trained in all procedures.
Are watercraft checked before each use to ensure the required equipment is in place?		All watercraft are inspected prior to use and are maintained regularly.
Are watercraft and related equipment checked on a regular basis for damage?		

Are watercraft and related equipment repaired and maintained to be safe for use?		
Is a system in place to track campers and watercraft at each program area?		Boating staff are aware how many people are on the water, and the swimming levels of each.
Are watercraft banned from areas where there are swimmers?		There are no boats allowed in the swimming area, and participants are made aware of this.
Is a suitably-equipped emergency watercraft operational for emergencies at all times?		We have a 9.9 horsepower boat available at all times, as well as canoes ready to go for smaller rescues (like a flipped canoe)
Does each watercraft have a government approved and properly fitted PFD or commercial life jacket for each passenger and does each passenger wear a government approved and properly fitted PFD when required by law? Do non-swimmers wear an approved and properly fitted PFD or commercial lifejacket in a watercraft? If the camp is unaware of a person's swimming abilities, is it mandatory for the person to wear a properly fitted PFD or commercial lifejacket in a	10006.7 Watercraft iv "Youth and adults participating in small craft (6 metres or less) boating activities involving powered and non-powered boats must wear Transport Canada approved, properly fitted, personal flotation devices (PFDs) life jackets at all times."	All participants must wear a properly fitted PFD while participating in a boating activity.
watercraft? Do all persons using a personal watercraft wear an approved PFD?		

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If conditions are such that there is an increased risk, does every person in a watercraft wear an approved properly fitted PFD or commercial lifejacket?		
Is the pool/waterfront director at least 18 years of age, experienced, and certified with a current National Lifeguard Service (NLS)?		Our waterfront director is 18+, experienced and qualified with a current NLS qualification.
Are all on-duty lifeguards and assistant lifeguards readily identifiable?	10006.8 Swimming iv "Water activity supervisors should be identified to the swimmers prior to the commencement of swimming activities, and suitable attire is to be worn by the supervisors while on duty.	All lifeguards wear a red LIFEGUARD pinnie to make them easily identifiable.
Are swim staff knowledgeable of campers' and staffs' swimming abilities and medical issues relevant to water safety?		A swim test is conducted prior to swimming, and everyone is identified as a "swimmer" with a blue/green bracelet, or a "non-swimmer" with a red bracelet. Lifeguards are made aware of who is a non-swimmer.
Does the camp have written operational procedures for each area used for swimming?		The camp has written operational and emergency procedures for the swimming area that waterfront staff are aware of and trained in.
Does the camp have written emergency procedures for each area used for swimming? Are staff trained in the		Staff are trained in water search and evacuation procedures, and emergency procedures are practiced on a weekly basis.
operational and emergency procedures?		Campers are made aware of evacuation procedures prior

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Are staff trained in water search and evacuation procedures for each swimming area? Are the water search procedures practised as necessary? Are the evacuation signals and procedures universally known and understood by all campers for each swimming area?		to swimming.
Is swimming alone forbidden? Is swimming in the dark forbidden?	10006.8 Swimming vi "All swim groups must be organized under the paired "buddy system"	Participants will always swim with a buddy and will be tested on their buddy's name and attire before they are permitted to enter the swimming area. Participants must stay within arms reach of their buddy whenever they are in the swimming area. There is no swimming permitted after dark.
Are campers and staff restricted to clearly established swimming areas according to their ability? Does the camp have some method of identifying the swimming abilities of campers and staff?		A swim test is conducted prior to swimming, and everyone is identified as a "swimmer" with a blue/green bracelet, or a "non-swimmer" with a red bracelet. Lifeguards are made aware of who is a non-swimmer. Non-swimmers are not allowed in the deep end of the swimming area.
Is each swimming instructor at least sixteen years old and certified with the necessary instructor qualifications		All lifeguards are a minimum of 16 years old with their NLS qualification.

specific to the camp's advertised swim program?	
WATERFRONTS 10006.1 Risk Management v- "At least one adult/youth has First Aid training and equipment appropriate for the activity." 10006.8 Swimming v "Suitable rescue and reaching aids must be available at all times" 13007 Crisis Response Plan "A leadership team must have a method or plan for communication"	Our waterfront is inspected regularly by the health inspector. First aid equipment is kept on site and regularly inspected. All lifeguards carry a torpedo-style aid (buoyant with shoulder loop) A reaching pole is available on the beach, easily accessible by the head lifeguard. Buoyant throwing aids with longer lines available on the beach, easily accessible by the head lifeguard. A Spinal board is kept on the beach at all times. A canoe (with paddles and PFDs) is kept on the waterfront at all times for use in an emergency situation. Blankets and pillows are always available. ALL equipment is inspected prior to swimming sessions. A working cell phone is kept on the beach at all times. In addition, a land line is kept in close proximity.

	their NLS qualification, and are at least 16 years of age. We adhere to all ratios (and have 5 guards on duty at a time).
Long Distance Swims	Our Mile Swim is reviewed by our waterfront director, and the water is checked for hazards.
	All swimmers swim behind a safety boat, where there is a lifeguard with a reaching pole and flotations aids. They can easily access any swimmers in distress. We have one guard per 4 swimmers. All of our guards have their NLS.