

Packing List – SENIOR ADVENTURES Programs

For: Vertical Skills, Outdoor Skills and Leadership (OSL), Seneca, and CIT (see additional packing list for placement week)

Please review the items with your camper to ensure they are familiar with their clothing that is going to camp. This helps to minimize lost and found piles. Let Mabel's Labels help your child keep track of their items with personalized labels. Visit https://mabelslabels.ca/en_CA/fundraising/support/

Name: _____

- *Do NOT send equipment in garbage bags*
- *All articles are to have camper's name on them.*

Bedding	
	Sleeping bag
	Campfire blanket (if desired) and Pillow (if desired)
Clothing – Please send <i>old</i> clothes to camp *Note #2 below – for 2 week programs*	
	4 Pairs of short pants
	3 Pairs of long pants
	2 Warm sweatshirts and/or windbreaker
	7 T-shirts
	7 Pairs of socks
	7 Underwear
	1 Pyjamas
	1 Swim suit
	1 Raincoat or poncho
	Waterproof footwear
	2 Sports hats or caps
	2 Pairs running shoes (1 old pair which cannot be reused) & water shoes are useful for water activities
	Good and Comfortable Hiking Boots (important gear for all Scout programs)
Toilet Articles	
	2 Beach towels, washcloth
	Toothbrush in container, toothpaste, deodorant
	Environmentally friendly soap & shampoo in containers (not camp soap)
	Comb or hairbrush
Miscellaneous	
	2 – 1 litre water bottles or canteen
	Plate, bowl, mug, knife, fork, spoon in a small mesh bag
	Flashlight (with extra batteries & bulb)
	Insect repellent – non-aerosol only
	Sun screen and sunglasses
	Waterproof groundsheet or sleeping pad
	Large daypack – school backpack is fine
	CIT and Vertical Skills Overnight backpack, adjustable waist and shoulder straps. OSL and Seneca Overnight waterproof pack or waterproof sacs for inside pack or lined with two strong plastic bags, adjustable waist and shoulder straps.
Vertical Skills : If you have a personal harness, please bring it. Its use however, is subject to an inspection and approval by the program instructor. Camp will supply harnesses for those who do not own one.	

Note 1: SHEATH KNIVES ARE NOT PERMITTED AT CAMP. All youth in Scout programs may bring a pocketknife. The blade must be no longer than 7cm. (3 inches).

Note 2: Campers staying for two weeks should double the appropriate items (OSL, CIT and Seneca only).